

2026 WORLD CUP Open Martial Arts Championship

Friday & Saturday, JANUARY 16th & 17th, 2026

Hilton Washington Dulles Airport

13869 Park Center Road

Herndon, VA 20171

703.478.2900

Washington, DC Metropolitan Area

Free shuttle bus from Dulles International Airport



WORLD CUP 2025 AWARDS DINNER BANQUET

WORLD CUP CELEBRATION 3 SEMINARS

WORLD CUP GRAND CHAMPION TITLES:

10 BLACK BELT TITLES

4 UNDER BLACK BELT TITLES

6 TEAM TITLES

WORLD FORMS & FIGHTING CHAMPION JOHN CHUNG TAE KWON DO

1.800.SIDE.KICK

www.JohnChung.com

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**OVER 250 DIVISIONS
AWARDS 1ST - 8TH PLACES
WORLD CUP GRAND CHAMPION TITLES**





2026 World Cup Open Martial Arts Championship

When: Friday & Saturday, January 16th & 17th, 2026

Where: **Hilton Washington Dulles Airport**
13869 Park Center Road
Herndon, VA 20171
703-478-2900

For more details, additional registrations and spectator tickets:
www.JohnChung.com

Contact info and mailing address:

P.O. Box 3276, McLean, VA 22103

Call: 1-800-SIDEKICK or Text: 703-709-5425

E-mail: 1800sidekick@gmail.com



facebook.com/JohnChungTaeKwonDo

Welcome all Martial Artists, friends and family!

Please join us for the celebration of 250 years, **Semiquincentennial**, of U.S.A. at 2026 Cup Open Martial Arts Championship where Martial Artists of all skill levels from across the globe will gather once again to compete for top prizes in this prestigious tournament. This tournament will be action packed and will be held again at Hilton Washington Dulles Airport Hotel, located near our Nation's Capital, Washington, DC. As always, we take great pride in having experienced judges and friendly staff members on hand throughout both days to ensure this tournament will be a rewarding and fun experience for everyone.

Look forward to seeing you,
John Chung

You may enter in as many divisions as you are able to compete.

The divisions run consecutively not concurrently.

***Nominate a 'Outstanding Martial Arts Competitor' To:**

***1800sidekick@gmail.com* Include Your Name,**

Phone Number, Nominee's Name, Phone Number & e-mail.

See you at the World Cup Awards Banquet

DATES TO REMEMBER:

Make Hotel Reservation on or before December 6, 2025.

- Mention John Chung and/or World Cup Martial Arts Championship to receive tournament rate.

Early Bird Registration: One Free Seminar

Limited Space! - Must be On or before November 1, 2025.

Pre Registration: Do Not send Registration after 12/06/2025!

- Must be made On or before December 6, 2025.

Door Registration: (CASH ONLY!)

- Up to the start of the divisions, Team events are open to all styles.

Participation and spectator bands will be required throughout the entire event for entry and re-entry.



World Forms & Fighting Champion John Chung Tae Kwon Do
1.800.SIDEKICK www.JohnChung.com

2026 WORLD CUP Open Martial Arts Championship



SCHEDULE OF EVENTS:

Friday, January 16th, 2026

- 4:00 P.M. Registration Opens
- 5:00 P.M. Seminar: Double Nunchakus with SahBumNim Allie Hayes
- 6:00 P.M. Seminar: Self-Defense with Master Maggie Messina
- 7:00 P.M. Seminar: Forms with Sifu Veronica 'Peaches' Vizzio

Saturday, January 17th, 2026

- 8:00 A.M. Registration - Until Start of the Division
- 8:30 A.M. Judges Meeting

Competition Starts: All Ranks

9:00 A.M. *Team Events:

*Team Demonstrations *Team Sparring *Team Forms & Weapons *Team Pairs

9:30 A.M. Self-Defense & Handicapable Divisions - All Ranks

- 10:00 A.M. All of the 17 yrs & Under Weapons Divisions
- 11:00 A.M. All of the 17 yrs & Under Forms Divisions
- 12:30 P.M. All of the 17 yrs & Under Point Sparring Divisions
- 1:30 P.M. All Breaking Divisions (All Ranks)
- 2:00 P.M. Continuous Sparring Divisions (Juniors)
- 2:30 P.M. All of the 18+ Weapons Divisions
- 3:00 P.M. All of the 18+ Forms Divisions
- 3:30 P.M. All of the 18+ Sparring Divisions
- 4:00 P.M. Continuous Sparring Divisions (Adults)

*Nominate a Outstanding Martial Arts Competitor to:

1800sidekick@gmail.com

Include Your Name, Phone Number, Nominee's Name, Phone Number & e-mail.

Celebrate your 5, 10, 15, 20, 25, 30, 35, 40, 45, 50+ years of Martial Arts

Dinner Banquet: 7:00 P.M. World Cup Awards & Student Banquet \$150.00pp

8:00 P.M. Finals Showcase Grand Championships

JUNIOR FORMS & WEAPONS GRAND CHAMPIONSHIP

ADULT FORMS & WEAPONS GRAND CHAMPIONSHIP



Welcome

email: 1800sidekick@gmail.com

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Saturday
01.17.2026

2026 WORLD CUP Open Martial Arts Championship

Handicapable Divisions

Div

Forms & Weapons Mixed

- 101__17< (All ranks & Black Belts)
102__18> (All ranks & Black Belts)

Self Defense Divisions

Div

- 103__17< Black Belts
104__18+ Black Belts

105__17< Under Black Belts
106__18+ Under Black Belts

Team Events

*Team events run consecutively, not concurrently
in the same or next ring!*

Div # Team Forms & Weapons

2 Person Minimum - 10 Person Maximum (3 Minutes)
191__Adults & Juniors Mixed

Team Demonstration

2 Person Minimum - No Maximum (4 Minutes Max.)
192__Adults & Juniors Mixed

Team Sparring

Mixed Doubles Only! (Total Points)

One Round - 90 Seconds Each - Total Points

- 193__13 & Under All Ranks (Boy/Girl)
194__14 - 17 All Ranks (Boy/Girl)
195__18+ All Ranks (Man/Woman)

Two-on-Two Team Sparring! (Total Points)

- 196__18+ All Ranks Men
197__18+ All Ranks Women

Team Pairs (3 Minutes Max.)

- 198__17 & Under All Ranks (Boys & Girls)
199__18+ All Ranks (Men & Women)

Musical Forms Exodus/Beethoven/Granada

Under Black Belts

- 611__17 & under Exodus
612__17 & under Beethoven
613__18 & older Exodus
614__18 & older Beethoven

Black Belts

- 615__17 & under Exodus
616__17 & under Beethoven
617__17 & under Granada
618__18 & older Exodus
619__18 & older Beethoven
620__18 & older Granada

Weapons & Forms run consecutively, not concurrently in the same or next ring!

Black Belt Extreme Weapons

Div

- 107__9 & < (Boys & Girls)
108__10-13 (Boys & Girls)
109__14-17 (Boys & Girls)
110__18+ (Men & Women)

Black Belt Musical Weapons

Div

- 111__9 & < (Boys & Girls)
112__10-13 (Boys & Girls)
113__14-17 (Boys & Girls)
114__18+ (Men & Women)

Black Belt Open Weapons

Div

- 115__9 & < (Boys & Girls)
116__10-13 (Boys & Girls)
117__14-17 (Boys & Girls)
118__18+ (Men)
119__18+ (Women)

Junior Black Belt Forms

Div

- 210__9 & < Open (Boys & Girls)
211__10-13 Open (Boys & Girls)
212__14-17 Open (Boys & Girls)

213__9 & < Musical (Boys & Girls)
214__10-13 Musical (Boys & Girls)
215__14-17 Musical (Boys & Girls)

216__9 & < Extreme (Boys & Girls)
217__10-13 Extreme (Boys & Girls)
218__14-17 Extreme (Boys & Girls)

Adult Black Belt Forms

Div

- 235__18-29 Musical Women
236__18-29 Open Women
237__30+ Musical Women
238__30+ Open Women
239__18+ Extreme Women
242__18-29 Open Men
245__18-29 Musical Men
247__30+ Open Men
248__30+ Musical Men
250__18+ Extreme Men

Junior Under Black Belt Forms

Div

- 301__8 & < Extreme Forms (All ranks)
302__9-11 Extreme Forms (All ranks)
303__12-14 Extreme Forms (All ranks)
304__15-17 Extreme Forms (All ranks)
305__8 & < Open Forms (All ranks)
306__9-11 Open Forms (All ranks)
307__12-14 Open Forms (All ranks)
308__15-17 Open Forms (All ranks)
309__8 & < Musical Forms (All ranks)
310__9-11 Musical Forms (All ranks)
311__12-14 Musical Forms (All ranks)
312__15-17 Musical Forms (All ranks)

Adult Under Black Belt Forms

Div

- 351__18+ Extreme Forms (All ranks)
352__18+ Musical Forms (All ranks)
353__18-29 Open Forms (All ranks)
354__30-39 Open Forms (All ranks)
355__40+ Open Forms (All ranks)

Under Black Belt Musical Weapons

Div

- 141__8 & < (All ranks)
142__9-11 (All ranks)
143__12-14 (All ranks)
144__15-17 (All ranks)
145__18+ (All ranks)

Under Black Belt Open Weapons

Div

- 146__8 & < (All ranks)
147__9-11 (All ranks)
148__12-14 (All ranks)
149__15-17 (All ranks)
150__18+ (All ranks)

Under Black Belt Extreme Weapons

Div

- 151__8 & < (All ranks)
152__9-11 (All ranks)
153__12-14 (All ranks)
154__15-17 (All ranks)
155__18+ (All ranks)

ALL RANKS

CONTINUOUS SPARRING
(TWO ROUNDS - 1 MINUTE)

Div

- 171__17&Under (80 lbs. & <) (Boys & Girls)
172__17&Under (81 - 100 lbs.) (Boys & Girls)

173__17&Under (101 - 120 lbs.) Girls
174__17&Under (121 lbs. & >) Girls

175__17&Under (101 - 120 lbs.) Boys
176__17&Under (121 - 140 lbs.) Boys
177__17&Under (141 - 160 lbs.) Boys
178__17&Under (161 lbs. & >) Boys

179__18+ (149 lbs. & <) Men
180__18+ (150 - 159 lbs.) Men
181__18+ (160 - 169 lbs.) Men
182__18+ (170 - 179 lbs.) Men
183__18+ (180 - 189 lbs.) Men
184__18+ (190 lbs. & >) Men

185__18+ (129 lbs. & <) Women
186__18+ (130 lbs. & >) Women



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2026 WORLD CUP Open Martial Arts Championship

Saturday
01.17.2026



Black Belt Traditional Weapons

Div #		
126__13 & <	Soft	(Boys & Girls)
127__14-17	Soft	(Boys & Girls)
128__9 & <		(Boys & Girls)
129__10-11		(Boys & Girls)
130__12-13		(Boys & Girls)
131__14-15		(Boys & Girls)
132__16-17		(Boys & Girls)
133__18-29	Women	
134__30-39	Women	
135__40+	Women	
136__18+ Soft	Women	
137__18+ Soft	Men	
138__18-29	Men	
139__30-39	Men	
140__40+	Men	

Junior Black Belt Forms

Div #		
201__9 & <	Korean	(Boys & Girls)
202__10-13	Korean	(Boys & Girls)
203__14-17	Korean	(Boys & Girls)
204__9 & <	Japanese	(Boys & Girls)
205__10-13	Japanese	(Boys & Girls)
206__14-17	Japanese	(Boys & Girls)
207__9 & <	Soft	(Boys & Girls)
208__10-13	Soft	(Boys & Girls)
209__14-17	Soft	(Boys & Girls)

Junior Black Belt Sparring

Div #		
219__9 & <	Girls	
220__9 & <	Boys	
221__10-11	Girls	
222__10-11	Boys	
223__12-13	Girls	
224__12-13	Boys	
225__14-15	Girls	
226__14-15	Boys	
227__16-17	Girls	
228__16-17	Boys	

Adult Black Belt Forms

Div #		
230__18+	Traditional Women Korean	
231__18+	Traditional Women Japanese	
232__18+	Traditional Women Soft	
233__30-39	Traditional Women	
234__40+	Traditional Women	
240__18+	Japanese/Okinawan Men	
241__18+	Korean TaeKwonDo/TangSooDo Men	
243__18+	Chinese Wu Shu Men	
244__18+	Chinese/Kung-Fu/Kenpo Men	
246__30-39	Traditional Men	
249__40+	Traditional Men	

Adult Black Belt Sparring

Div #		
251__18-29	Women L	(129 & >)
252__18-29	Women M	(130 & <)
253__30-39	Women L	(129 & <)
254__30-39	Women M	(130 & >)
255__40+	Women	
256__18-29	Men L	(159 & <)
257__18-29	Men LM	(160 -179)
258__18-29	Men LH	(180 -199)
259__18-29	Men H	(200 & >)
260__30-39	Men L	(179 & <)
261__30-39	Men H	(180 & >)
262__40+	Men L	(179 & <)
263__40+	Men H	(180 & >)

Under Black Belt Traditional Weapons

Div #		
156__8 & <	(Beginner/Intermediate)	
157__8 & <	(Advance)	
158__9-11	(Beginner/Intermediate)	
159__9-11	(Advance)	
160__12-14	(Beginner/Intermediate)	
161__12-14	(Advance)	
162__15-17	(Beginner/Intermediate)	
163__15-17	(Advance)	
164__18-29	(Beginner/Intermediate)	
165__18-29	(Advance)	
166__30-39	(Beginner/Intermediate)	
167__30-39	(Advance)	
168__40+	(All ranks)	

Beginner Basics Divisions

Basics 1 - 6

Div #		
601__4 years & <	(Boys & Girls)	
602__5-6 years old	(Boys & Girls)	
603__7-8 years old	(Boys & Girls)	
604__9-10 years old	(Boys & Girls)	
605__11 years & >	(Boys & Girls)	

1-step (Blocks & Counter)

Div #		
606__4 years & <	(Boys & Girls)	
607__5-6 years old	(Boys & Girls)	
608__7-8 years old	(Boys & Girls)	
609__9-10 years old	(Boys & Girls)	
610__11 years & >	(Boys & Girls)	

Junior Under Black Belt Traditional Forms

Div #		
313__5 & <	All ranks	(Boys & Girls)
314__6-8	Beginner	(Boys & Girls)
315__6-8	Intermediate	(Boys & Girls)
316__6-8	Advance	(Boys & Girls)
317__9-11	Beginner	(Boys & Girls)
318__9-11	Intermediate	(Boys & Girls)
319__9-11	Advance	(Boys & Girls)
320__12-14	Beginner	(Boys & Girls)
321__12-14	Intermediate	(Boys & Girls)
322__12-14	Advance	(Boys & Girls)
323__15-17	Beginner	(Boys & Girls)
324__15-17	Intermediate	(Boys & Girls)
325__15-17	Advance	(Boys & Girls)

Junior Under Black Belt Sparring

Div #		
326__5 & <	All ranks	(Boys & Girls)
327__6-8	Beginner	Girls
328__6-8	Intermediate	Girls
329__6-8	Advance	Girls
330__6-8	Beginner	Boys
331__6-8	Intermediate	Boys
332__6-8	Advance	Boys
333__9-11	Beginner	Girls
334__9-11	Intermediate	Girls
335__9-11	Advance	Girls
336__9-11	Beginner	Boys
337__9-11	Intermediate	Boys
338__9-11	Advance	Boys
339__12-14	Beginner	Girls
340__12-14	Intermediate	Girls
341__12-14	Advance	Girls
342__12-14	Beginner	Boys
343__12-14	Intermediate	Boys
344__12-14	Advance	Boys
345__15-17	Beginner	Girls
346__15-17	Intermediate	Girls
347__15-17	Advance	Girls
348__15-17	Beginner	Boys
349__15-17	Intermediate	Boys
350__15-17	Advance	Boys

Adult Under Black Belt Traditional Forms

Div #		
356__18-29	Beginner	(Men & Women)
357__18-29	Intermediate	(Men & Women)
358__18-29	Advance	(Men & Women)
359__30-39	Beginner	(Men & Women)
360__30-39	Intermediate	(Men & Women)
361__30-39	Advance	(Men & Women)
362__40+	Beginner	(Men & Women)
363__40+	Intermediate	(Men & Women)
364__40+	Advance	(Men & Women)

Adult Under Black Belt Sparring

Div #		
365__18-29	Beginner	Women
366__18-29	Intermediate	Women
367__18-29	Advance	Women
368__18-29	Beginner	Men
369__18-29	Intermediate	Men
370__18-29	Advance	Men
371__30-39	Beginner	Women
372__30-39	Intermediate	Women
373__30-39	Advance	Women
374__30-39	Beginner	Men
375__30-39	Intermediate	Men
376__30-39	Advance	Men
377__40+	Beginner	Women
378__40+	Intermediate	Women
379__40+	Advance	Women
380__40+	Beginner	Men
381__40+	Intermediate	Men
382__40+	Advance	Men

Extreme Breaking

*(10 Minute Max.
Including Set-Up & Clean-Up)*

Div #	*No Glass or Fire Breaks*
501__17 & Under	(All ranks & Black Belts)
502__18+	(All ranks & Black Belts)

Breaking (Boards only)

*(5 Minute Max.
Including Set-Up & Clean-Up)*

Div #	*No Glass or Fire Breaks*
503__9 & <	(All ranks & Black Belts)
504__10-13	(All ranks & Black Belts)
505__14-17	(All ranks & Black Belts)
506__18+	(All ranks & Black Belts)

Please Note:
All Times are Approximate!
Please be at your Ring 30 Minutes Early.

No Ring Announcements

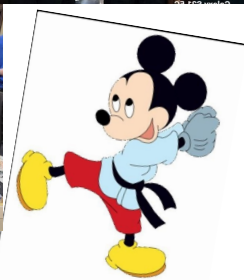
Age and Belt appropriate divisions run consecutively, not concurrently in the Same or Next RING.

Some of the Divisions of may be combined.



World Forms & Fighting Champion John Chung Tae Kwon Do
1.800.SIDEKICK www.JohnChung.com





WCMAO RULES

Please go to www.johnchung.com for complete rule details.

All Sparring Competitors Must Wear Approved Protective gears:

Headgear, Footgear, Handgear, Mouthpiece and Groin Protector (Male Only). *NO EXCEPTIONS!

17 & Younger Competitors: Chest Protector & Face Shield are also REQUIRED!

Light Headgear Contact is Allowed in all divisions. Face shield Contact is allowed!

Not Allowed: Face Contact (except in Adult Black Belts).

Not Allowed: Groin techniques!

WE RESERVE THE RIGHT TO REFUSE YOUR PARTICIPATION IN ALL MANNERS AND THE RIGHT TO ASK YOU TO LEAVE THE TOURNAMENT.

POINT SPARRING:

1 round - 2 min

2 point kicks and 1 point hand techniques. 5 points to win or the most points at the end of round.

CONTINUOUS SPARRING: No face contact allowed. (Face shield Contact is allowed)

2 rounds - 1 min. each with a 30 sec. break.

3 Judges to determine the winner. In case of a tie, 1 Extra Round to Break the Tie.

FORMS & WEAPONS:

3 Minute Time Limit.

Must Comply With the Rules of the Divisions or may cause Disqualification or Deduction from the Judge's Scores. **If the Weapon is 'DROPPED' - No Score!**

EXTREME DIVISION:

May perform any moves - All Martial Arts, Acrobatics, Dance, & Athletic moves are Allowed.

MUSICAL DIVISION:

Judged on Choreography. Competitor Must Supply Own Music & Player. (NO OUTLETS AVAILABLE)

OPEN DIVISION:

Judged on Creative Martial Arts Techniques. **Not Allowed:** Any moves more than 360 degree spin, body being inverted more than parallel to the floor or gymnastics and/or non Martial Arts moves (540's, Aerials, etc... Not Allowed!) **Exceptions: Kip ups, cartwheels and Rolls.**

TRADITIONAL DIVISION:

Must comply with Traditional Style of the division.

BREAKING:

5 Minute Time Limit includes Set-Up and Clean-Up. 10 Minutes in Extreme Breaking Divisions.

Not Allowed: Fire or Glass Breaks! Each Competitor Must Supply Own Material.

The Competitor is responsible for the Clean-Up or No Score.

SELF-DEFENSE:

5 Minute Time Limit or Up to 5 Defenses. **Not Allowed:** Sharp or Live Weapons.

TEAM FORMS:

3 Minute Time Limit. 2 to 10 People. Music is Allowed.

Teams Will be Judged on: Execution, Originality, Synchronization.

TEAM WEAPONS:

3 Minute Time Limit. 2 to 10 People. Music is Allowed.

Teams Will be Judged on: Execution, Originality, Synchronization.

TEAM DEMONSTRATION:

4 Minute Time Limit. Minimum 2 People. Music and Props Allowed.

Teams Will be Judged on Execution, Showmanship and Presentation.

TEAM PAIRS:

3 Minute Time Limit 100% Synchronization. Music is Allowed.

TEAM SPARRING:

Adults: 1 Round 90 Seconds -Total Points. No Weight Requirement.

Juniors: 1 Round 90 Seconds -Total Points. See Age Requirement.

2026 WORLD CUP OPEN MARTIAL ARTS CHAMPIONSHIP REGISTRATION FORM (Friday, Saturday, January 16th, 17th, 2026)

Last Name	First Name and M.I.	Age	Date Of Birth	Gender	<input type="radio"/> M <input type="radio"/> F
Address		Country/City	State	Zip Code	
<input type="checkbox"/> Beginner	<input type="checkbox"/> Advanced	Belt Color (Rank)		Area Code Phone	
<input type="checkbox"/> Intermediate	<input type="checkbox"/> Black Belts				
E-Mail:					

Martial Arts School:

Martial Arts Instructor:



Please make Check or Money Order payable and Mail to: (DO NOT SEND CASH) OR Use (PayPal.Me/SIDEKICK) to Pay
SIDEKICK, Inc. or JOHN CHUNG, P.O. Box, 3276, McLean, VA 22103-3276

e-mail Registration with Credit Card number information to 1800sidekick@gmail.com before 12/07/2024

Please read the following and sign: All participants under 18 years of age must have parent/guardian's signature. The participant/parent/guardian agrees to comply with the rules of the World Cup Open Martial Arts Championship. Participant/Parent/Guardian acknowledges that competition in this event involves physical contact and other activity which may cause injury to the participant. In consideration for allowing Participant/Parent/Guardian to compete in this event, Participant/Parent/Guardian hereby releases and waives any and all claims or causes of action against WCMAO, SIDEKICK, INC., Hilton Washington Dulles Airport, their directors, officers, employees, agents, and/or their insurance carriers, or any other person connected with the World Cup Open Martial Arts Championship including but not limited to John Chung, for any injuries of whatever nature the participant may sustain while participating in, spectating, attending and/or leaving the World Cup Open Martial Arts Championship. Participant/Parent/Guardian acknowledge that he/she/his or her child has had and passed a complete physical examination from a licensed physician within the past 12 months and that the participant is physically and mentally fit to participate in the World Cup Open Martial Arts Championship. Should any liability be imposed upon WCMAO, SIDEKICK, INC., Hilton Washington Dulles Airport, their directors, officers, employees, agents, and/or their insurance carriers, or any other person connected with the World Cup Open Martial Arts Championship including but not limited to John Chung, by a court of competent jurisdiction, it is expressly agreed that the amount of such liability shall not exceed the out of pocket costs for medical treatment or \$2,000.00, which ever is less. All monies paid are non refundable. Lastly, participant/parent/guardian hereby waives any compensation whatsoever for use of pictures, videotape, media coverage, statements, interviews, etc., utilized by those producing or directing this event at any time.

Signature _____ Print Name _____

(Parent or Legal Guardian if under age 18 years old) Competitor's Name _____ Date _____
WE HAVE THE RIGHT TO REFUSE YOUR PARTICIPATION IN ALL MANNERS AND THE RIGHT TO ASK YOU TO LEAVE THE TOURNAMENT

You may enter in as many divisions as you are able to compete

Events:

***Use (PayPal.Me/SIDEKICK) To Pay* Cash Only at the Door!**

Self Defense: <input type="checkbox"/>	Traditional Weapons: <input type="checkbox"/>	Traditional Forms: <input type="checkbox"/>	Exodus: <input type="checkbox"/>	Point Sparring: <input type="checkbox"/>	Breaking: <input type="checkbox"/>
Handicapable: <input type="checkbox"/>	Open Weapons: <input type="checkbox"/>	Open Forms: <input type="checkbox"/>	Beethoven: <input type="checkbox"/>	Continuous Sparring: <input type="checkbox"/>	Extreme Breaking: <input type="checkbox"/>
	Extreme Weapons: <input type="checkbox"/>	Extreme Forms: <input type="checkbox"/>	Granada: <input type="checkbox"/>	Point MMA: <input type="checkbox"/>	
Team Demonstration: <input type="checkbox"/>	Musical Weapons: <input type="checkbox"/>	Musical Forms: <input type="checkbox"/>	Team Pairs: <input type="checkbox"/>	Team Sparring: <input type="checkbox"/>	Team 2 on 2 Sparring: <input type="checkbox"/>
	Team Weapons: <input type="checkbox"/>	Team Forms: <input type="checkbox"/>			
Team Name: _____			Team Representative/Coach: _____		

FRIDAY SEMINARS:

Double Nunchakus:
☐
Self Defense:
☐
Forms:
☐
Seminar:
x \$50
\$

On or before November 01, 2025

	Count	Cost	Total
1st Event	1	x \$70	\$70
Additional Event (s)		x \$40	\$
Spectators		x \$20	\$
Coach's Pass		x \$50	\$
Banquet Dinner		x \$110	\$
Total			\$

After 11/01/25, before 12/06/25:

	Count	Cost	Total
1st Event	1	x \$75	\$75
Additional Event (s)		x \$50	\$
Spectators		x \$25	\$
Coach's Pass		x \$50	\$
Banquet Dinner		x \$125	\$
Total			\$

After 12/06/25 or At the door (Cash Only):

	Count	Cost	Total
1st Event	1	x \$90	\$90
Additional Event (s)		x \$60	\$
Spectators		x \$30	\$
Coach's Pass		x \$50	\$
Banquet Dinner		x \$150	\$
Total			\$

CASH	CHECK #	PayPal Receipt:	TOTAL AMOUNT ENCLOSED
CREDIT CARD #		Expiration Date:	
Printed Name:		Security Code:	
Signature:		I authorize SIDEKICK, Inc. to charge the above card number in the amount stated under "Total Amount Enclosed."	

e-mail Application to: 1800sidekick@gmail.com

Please Wear Your Participation Wrist Band At All Times!

World Forms and Fighting Champion John Chung Tae Kwon Do 1.800.SIDEKICK www.JohnChung.com
@Hilton Washington Dulles Airport 13869 Park Center Road, Herndon, VA 20171 703.478.2900

2026 WORLD CUP Open Martial Arts Championship

Friday & Saturday, JANUARY 16th & 17th, 2026

Hilton Washington Dulles Airport
13869 Park Center Road
Herndon, VA 20171
703.478.2900

Washington DC Metropolitan Area
(minutes from Dulles Airport)



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Friday Night Seminars, January 16th, 2026

Earlybird Registration: On or Before 11/01/2025.

One Free Seminar! \$50 each additional seminar.

Pre Registration: After 11/01/25, Before 12/06/25. \$50/seminar

Registration: After 12/06/25. \$75/seminar

***Limited Space: Only 20 spaces for each seminar* Register Early!**

5:00 P.M. - **Double Nunchakus** with SahBumNim Allie Hayes, Colorado.

6:00 P.M. - **Self Defense** with Master Maggie Messina, New York.

7:00 P.M. - **Forms** with Sifu Veronica 'Peaches' Vizzio, New Jersey.



Limited Space: Only 20 spaces per Seminar!



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