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218 Catoctin Circle, SE, Leesburg, VA 20175

www.JohnChung.com

1.800.SIDE.KICK

Text to: 703.709.5425

JohnChungTaeKwonDo@gmail.com

Facebook.com/johnchungtaekwondo

YouTube: JohnChungTaeKwonDo

Twitter: JohnChungTKD1 Instagram: JohnChungtaekwondo



FYI

CLASS SCHEDULE

No Classes

Tuesday, November 07

Monday, November 13

Wednesday 22/Thursday 23/Friday 24

EXAMS

Friday, November 17, 2023

5:30 Beginners

6:30 Intermediate & Advance

Requirements are to be completed on or before the 5th day of the exam month.

Pass written exam(90%+) * Pass Essay (B+) Complete required lessons * Pay exam fee.

All fees may be paid by cash, check

payable to SIDEKICK, Inc. or add 5%

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\$ 450.00

for: PayPal.Me/SIDEKICK or Credit Card **Annual Registration** \$360.00 **Quarterly Tuition** \$ 750.00 Private Lesson 60" \$ 125.00 Private Lesson 30' \$ 75.00 \$ 125.00 Day Camp

Week Camp

Please schedule all classes with SBN text 703.709.5425 or email JohnChungTaeKwonDo@gmail.com

Mon	<u>Tue</u>	Wed	<u>Thu</u>	<u>Fri</u>
4:45	4:45	<u>4:45</u>	4:45	4:45
Weapons	Combo's	Self Defense	Weapons	Kicking Drills
5:30	<u>5:30</u>	<u>5:30</u>	<u>5:30</u>	<u>5:30</u>
Beginners	Sparring	Beginners	Inter & up	Beginners
<u>6:15</u>	6:15	6:15	6:15	6:15
Inter & up	Sparring	All Levels	Advance	All Levels
7:00	7:00	<u>7:00</u>	<u>7:00</u>	<u>7:00</u>
Combo's	Self Defense	Kicking Drills	Combo's	Weapons

RECOLLECTION

Your weekly attendance matters to us, busyness at work, school or family means you need to train, to focus and to have fun so please join us.

UPCOMING

Competition Camp

Lets have fun when school is out! bring Lunch & snacks

PROCEDURES

STUDENTS

Please enter in full uniform, with belt through front door, remove your shoes and take them with you to the back rack.

SPECTATORS

Please enter through the front door, remove your shoes, place on the shoe rack up front. We welcome you to sit upfront.

ALL

Safety First—please exit only through the back door.

GUIDELINES

We follow LCPS inclement weather policy - Safety First. We also close when LCPS closes for all

Please follow good hygiene guidelines. Wash your uniform, tee shirts and clean your equipment after every class.

The training time for the World Cup is now! Sign up for your individual events, your team events and the fabulous dinner honoring the students of the martial arts. Fun is a good thing to have and the World Cup tournament is filled with lots of fun. This two day Monday, November 13, 10:00am-3:00pm event starts on Saturday with competition, ends with a wonderful Banquet celebrating the students of the martial arts. Sunday is filled with traditional events and all the fun will end in time for you to return home and rest happily on Monday.

All classes (private, group, zoom) must be scheduled in advance with SahBumNim