

2022 WORLD CUP OPEN Martial Arts Championship

Sunday, JANUARY 16th, 2022

New Location

Hyatt Regency Dulles
2300 Dulles Corner Blvd.,
Herndon, VA 20171
703.713.1234

Washington, DC Metropolitan Area

Free shuttle bus from Dulles International Airport



**Celebrating
50 Years of Teaching!**

**Teachers & Instructors
Awards**

Nominate
a Teacher/Instructor to:
1800sidekick@gmail.com

**OVER 250 DIVISIONS
AWARDS 1ST - 8TH PLACES
WORLD CUP
GRAND CHAMPION TITLES**

**WORLD CUP GRAND CHAMPION TITLES:
JUNIORS & ADULTS**

**BLACK BELT TITLES
UNDER BLACK BELT TITLES
TEAM TITLES**

WORLD FORMS & FIGHTING CHAMPION JOHN CHUNG TAE KWON DO

1.800.SIDE.KICK

www.JohnChung.com





Welcome

all Martial Artists, friends and family!

Please join us for the **2022 World Cup Open Martial Arts Championship** where Martial Artists of all skill levels from across the globe will gather once again to compete for top prizes in this prestigious tournament. **This year, we will be celebrating my 50 Years of Teaching Martial Arts, 1972 to 2022, by recognizing some of the most influential Martial Arts Instructors and Teachers on Sunday, January 16th, 2022.**

[*Nominate a Teacher/Instructor to: 1800sidekick@gmail.com*](mailto:1800sidekick@gmail.com)

This tournament will be action packed and will be held at the **New Location, Hyatt Regency Dulles, 2300 Dulles Corner Blvd., Herndon, VA 20171**, located near Washington Dulles Airport. As always, we take great pride in having experienced judges and friendly staff members on hand throughout the day to ensure this tournament will be a rewarding and fun experience for everyone.

Look forward to seeing you,
John Chung

[*You may enter in as many divisions as you are able to compete.*](#)

[*The divisions run consecutively not concurrently.*](#)

[*Nominate a Teacher/Instructor to: 1800sidekick@gmail.com*](#)

[Include Your Name, Phone Number and Teacher/Instructor's Name, Phone Number & e-mail by December 18th, 2021.](#)

DATES TO REMEMBER:

Early Bird Registration:

- Must be On or before **November 27, 2021.**

Pre Registration:

- Must be made On or before **December 18, 2021.**

Door Registration: (Cash Only!)

- Up to the start of the divisions, Team events are open to all styles.

[*Participation and spectator bands will be required throughout the entire event for entry and re-entry.*](#)



WCMAO RULES

Please go to www.johnchung.com for complete rule details.

All Sparring Competitors Must Wear Approved Protective gears:
Headgear, Footgear, Handgear, Mouthpiece & Groin Protector (Male Only)

***NO EXCEPTIONS*!**

17 & Younger Competitors: Chest Protector & Face Shield are also REQUIRED!

Light Headgear Contact is Allowed in all divisions.

Not Allowed: Face Contact (except in Adult Black Belts).

Not Allowed: Groin techniques!

WE RESERVE THE RIGHT TO REFUSE YOUR PARTICIPATION IN ALL MANNERS AND THE RIGHT TO ASK YOU TO LEAVE THE TOURNAMENT.

POINT SPARRING:

1 round - 2 min

2 point kicks and 1 point hand techniques. 5 points to win or the most points at the end of round.

CONTINUOUS SPARRING: No face contact allowed.

2 rounds - 1 min. each with a 30 sec. break.

3 Judges to determine the winner. In case of a tie, 1 Extra Round to Break the Tie.

FORMS & WEAPONS:

3 Minute Time Limit.

Must Comply With the Rules of the Divisions or may cause Disqualification or Deduction from the Judge's Scores. **If the Weapon Is 'DROPPED' - No Score!**

EXTREME DIVISION:

May perform any moves - All Martial Arts, Acrobatics, Dance, & Athletic moves are Allowed.

MUSICAL DIVISION:

Judged on Choreography. Competitor Must Supply Own Music & Player. (NO OUTLETS AVAILABLE)

OPEN DIVISION:

Judged on Creative Martial Arts Techniques.

Not Allowed: Any moves more than 360 degree spin, body being inverted more than parallel to the floor or gymnastics and/or non Martial Arts moves (540's, Aerials, Kip-ups, etc... Not Allowed!)

TRADITIONAL DIVISION:

Must comply with Traditional Style of the division.

BREAKING:

5 Minute Time Limit includes Set-Up and Clean-Up.

10 Minutes in Extreme Breaking Divisions.

Not Allowed: Fire or Glass Breaks! Each Competitor Must Supply Own Material.

The Competitor is responsible for the Clean-Up or No Score.

SELF-DEFENSE:

5 Minute Time Limit or Up to 5 Defenses. **Not Allowed:** Sharp or Live Weapons.

TEAM FORMS:

3 Minute Time Limit. 2 to 10 People. Music is Allowed.

Teams Will be Judged on: Execution, Originality, Synchronization.

TEAM WEAPONS:

3 Minute Time Limit. 2 to 10 People. Music is Allowed.

Teams Will be Judged on: Execution, Originality, Synchronization.

TEAM DEMONSTRATION:

4 Minute Time Limit. Minimum 2 People. Music and Props Allowed.

Teams Will be Judged on Execution, Showmanship and Presentation.

TEAM PAIRS:

3 Minute Time Limit 100% Synchronization. Music is Allowed.

TEAM SPARRING:

Adults: 1 Round 90 Seconds -Total Points. No Weight Requirement.

Juniors: 1 Round 90 Seconds -Total Points. See Age Requirement.

World Forms & Fighting Champion John Chung Tae Kwon Do
1.800.SIDEKICK www.JohnChung.com

2022 WORLD CUP OPEN Martial Arts Championship



SCHEDULE OF EVENTS



2022 World Cup Open Martial Arts Championship

When: Sunday,
January 16th, 2022

Where: **Hyatt Regency Dulles *New Location***
2300 Dulles Corner Blvd.,
Herndon, VA 20171
703-713-1234

For more details, additional registrations and spectator tickets:
www.JohnChung.com

Contact info and mailing address:

P.O. Box 3276, McLean, VA 22103

Tel: 703-709-5425



1800sidekick@gmail.com

facebook.com/JohnChungTaeKwonDo

Nominate a Teacher/Instructor to:

1800sidekick@gmail.com Include Your Name, Phone Number and
Teacher/Instructor's Name, Phone Number & e-mail.

Sunday, January 16th, 2022

7:30 A.M. Registration - until Start of the Division
8:00 A.M. Judges Meeting

Competition Starts: All Ranks 8:30 A.M. Self-Defense & Handicapable Divisions - All Ranks

9:00 A.M. *Team Events:

*Team Demonstrations *Team Sparring (Mixed Doubles) *Team Forms & Weapons *Team Pairs

9:30 A.M. All of the 17 yrs & Under Weapons Divisions
10:30 A.M. All of the 17 yrs & Under Forms Divisions
12:00 P.M. All of the 17 yrs & Under Sparring Divisions
1:30 P.M. JUNIOR FORMS & WEAPONS GRAND CHAMPIONSHIP

2:00 P.M. Breaking Divisions (All Ranks)

2:30 P.M. 17 & Younger Continuous Sparring Divisions

3:00 P.M. All of the 18+ Weapons Divisions
3:30 P.M. All of the 18+ Forms Divisions
4:00 P.M. All of the 18+ Sparring Divisions
4:30 P.M. ADULT FORMS & WEAPONS GRAND CHAMPIONSHIP
4:30 P.M. 18 & Older Continuous Sparring Divisions

Please Note:

All Times are Approximate!
Please be at your Ring
30 Minutes Early.

No Ring Announcements

Age and Belt appropriate divisions
run consecutively, not concurrently
in the Same or Next RING.

*Some of the Divisions
may be combined.*

Welcome

email: 1800sidekick@gmail.com

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